A multiple linear regression that describes the variation in the variable $y$ in terms of the $k$ (explanatory) variables $x_{1}, x_{2}, \ldots, x_{k}$ has the form

$$
y=\beta_{0}+\beta_{1} x_{1}+\beta_{2} x_{2}+\cdots+\beta_{k} x_{k}+\varepsilon
$$

- $\beta_{0}, \beta_{1}, \ldots, \beta_{k}$ are population parameters.
- Assumptions about the model include
(i) The error $\varepsilon$ has a normal distribution with mean 0 for each fixed set of values $x_{1}=\xi_{1}, x_{2}=\xi_{2}, \ldots, x_{k}=\xi_{k}$.
(ii) The error is independent of the $x_{j} \mathrm{~s}$, so the standard deviation of $\varepsilon$ is fixed. I.e., $\varepsilon \sim N\left(0, \sigma^{2}\right)$. (Homoskedasticity)
- These assumptions imply that
$E\left(y \mid x_{1}=\xi_{1}, x_{2}=\xi_{2}, \ldots, x_{k}=\xi_{k}\right)=\beta_{0}+\beta_{1} \xi_{1}+\beta_{2} \xi_{2}+\cdots+\beta_{k} \xi_{k}$,
where $E\left(y \mid x_{1}=\xi_{1}, x_{2}=\xi_{2}, \ldots, x_{k}=\xi_{k}\right)$ is the expected (mean) $y$ value for all observations satisfying $x_{1}=\xi_{1}, x_{2}=\xi_{2}, \ldots, x_{k}=\xi_{k}$.

Using sample data, we compute the estimated regression equation

$$
\hat{y}_{i}=b_{0}+b_{1} x_{1}+b_{2} x_{2}+\cdots+b_{k} x_{k}
$$

- The sample coefficients $b_{0}, b_{1}, \ldots, b_{k}$ are sample statistics (that estimate the population coefficients $\beta_{0}, \ldots, \beta_{k}$ ). As such, $b_{0}, \ldots b_{k}$ are all random variables, and the assumptions above imply that they all have normal distributions. In particular...
$\ldots$ for each $i$ between 0 and $k$ :

$$
\frac{b_{i}-\beta_{i}}{S E\left(b_{i}\right)} \sim t \text {-distribution, with } n-(k+1) d . f \text {. }
$$

We can use this to test individual coefficients for statistical significance:

$$
H_{0}: \beta_{i}=0 \quad \text { vs. } \quad H_{a}: \beta_{i} \neq 0
$$

Rejecting $H_{0}$ means that there is significant linear correlation between $x_{i}$ and $y$, and $b_{i}$ is a reliable measure of the marginal change in $y$ for a one-unit change in $x_{i}$, assuming that all other variables are held fixed.

We can also test the overall significance of the regression:
$H_{0}: \beta_{1}=\beta_{2}=\cdots=\beta_{k}=0$
$H_{a}: \beta_{j} \neq 0$, for at least one $j$ between 1 and $k$.
The test statistic is

$$
F^{*}=\frac{M S S_{m}}{M S S_{e}}=\frac{\left(\sum\left(\hat{y}_{i}-\bar{y}\right)^{2}\right) / k}{\left(\sum\left(y_{i}-\hat{y}_{i}\right)^{2}\right) /(n-k+1)}
$$

which follows the $\boldsymbol{F}$-distribution with $k$ numerator d.f. and $n-k+1$ denominator d.f.
$H_{0}$ is rejected at the $\alpha$ level of significance if $F^{*}>F_{\alpha}$ (the critical $F$-value). Alternatively, reject $H_{0}$ if the $P$-value, $\operatorname{Prob}\left(F>F^{*}\right)$, is smaller than $\alpha$.

## Comments:

1. For a simple regression $\bar{y}(x)=\beta_{0}+\beta_{1} x$, testing $H_{0}: \beta_{1}=0$ (t-test) yields the same conclusion as the $F$-test for overall significance.
2. Most software packages (including JMP) compute the $t$-scores for all of the regression coefficients and their $p$-values, as well as the $F$-score of overall significance and its $p$-value.
3. One can also test other hypotheses about individual coefficients, e.g.,

$$
H_{0}: \beta_{3}=2 \text { vs. } H_{a}: \beta_{3}<2
$$

With this null hypothesis,

$$
\frac{b_{3}-2}{S E\left(b_{3}\right)} \sim t \text {-distribution, with } n-(k+1) d . f .,
$$

and the mechanics of the test are the same as any other $t$-test.

Example: Estimating weight with a measuring tape.
Response variable: weight (lbs). Effect variables: waist circumfrence (cm), height (inches), age (years), arm circumfrence (cm).


- Response WT
- Whole Model
- Regression Plot


| Summary of Fit |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| RSquare |  |  | 0.848464 |  |
| RSquare Adj |  |  | 0.844476 |  |
| Root Mean Square Error |  |  | 14.83642 |  |
| Mean of Response |  |  | 146.22 |  |
| Observations (or Sum Wgts) |  |  | 40 |  |
| - Analysis of Variance |  |  |  |  |
| Source | DF | Sum of Squares | Mean Square | F Ratio |
| Model | 1 | 46833.830 | 46833.8 | 212.7657 |
| Error | 38 | 8364.534 | 220.1 | Prob > F |
| C. Total | 39 | 55198.364 |  | <.0001* |

- Parameter Estimates

Term Estimate Std Error tRatio Prob>|t| Lower 95\% Upper 95\% $\begin{array}{llllllll}\text { Intercept } & -45.1058 & 13.32477 & -3.39 & 0.0017^{*} & -72.08038 & -18.13123\end{array}$ $\begin{array}{llllllll}\text { WAIST } & 2.2500315 & 0.154254 & 14.59 & <.0001^{*} & 1.9377596 & 2.5623034\end{array}$


- FHEALTH.JMP: Fit Least Squares

- Response WT
- Whole Model
- Summary of Fit

RSquare
RSquare Adj
0.888886
0.879626

Mean of Response
13.0526
146.22

Observations (or Sum Wgts)
40

- Analysis of Variance

|  | $\begin{array}{c}\text { Sum of } \\ \text { Source }\end{array}$ |  |  |  | DF |
| :--- | ---: | ---: | ---: | ---: | ---: |$\quad \begin{array}{l}\text { Squares }\end{array}$ Mean Square $)$ F Ratio

- Parameter Estimates

Term Estimate Std Error tRatio Prob>|t| Lower 95\% Upper 95\% Intercept -209.9287 48.33956 -4.34 0.0001* -307.9658 -111.8915 $\begin{array}{llllllll}\text { WAIST } & 2.2814176 & 0.182611 & 12.49 & <.0001^{*} & 1.9110662 & 2.6517691\end{array}$ $\begin{array}{lllllll}\text { HT } & 2.6865238 & 0.776677 & 3.46 & 0.0014^{*} & 1.1113492 & 4.2616984\end{array}$ $\begin{array}{lllllll}\text { AGE } & -0.229371 & 0.223257 & -1.03 & 0.3111 & -0.682158 & 0.2234156\end{array}$

- Whole Model
- Summary of Fit
RSquare 0.934142
RSquare Adj 0.928654

Root Mean Square Error 10.04885
Mean of Response 146.22
Observations (or Sum Wgts)
40

- Analysis of Variance

|  | Sum of |  |  |  |  |
| :--- | ---: | ---: | ---: | ---: | ---: |
| Source | DF | Squares | Mean Square | F Ratio |  |
| Model | 3 | 51563.103 | 17187.7 | 170.2098 |  |
| Error | 36 | 3635.261 | 101.0 | Prob $>$ F |  |
| C. Total | 39 | 55198.364 |  | $<.0001^{*}$ |  |

- Parameter Estimates

| Term | Estimate | Std Error | t Ratio | Prob $>\|\boldsymbol{t}\|$ | Lower 95\% | Upper 95\% |
| :--- | ---: | :--- | :--- | :--- | :--- | ---: |
| Intercept | -278.4536 | 39.63704 | -7.03 | $<.0001^{*}$ | -358.8413 | -198.066 |
| WAIST | 1.05752 | 0.238874 | 4.43 | $<.0001^{*}$ | 0.5730619 | 1.5419781 |
| HT | 3.601471 | 0.623289 | 5.78 | $<.0001^{*}$ | 2.3373827 | 4.8655593 |
| ARM | 3.5531821 | 0.689981 | 5.15 | $<.0001^{*}$ | 2.1538359 | 4.9525283 |

